

INGREDIENTS

	Usage Levels (%)
Flour, all-purpose	37.55
Water	22.85
Cheese, cheddar	15.45
Butter	13.10
Whole egg powder	4.60
Skimmed milk powder	2.05
Baking powder	1.90
Cheese, hard grating	1.85
Salt	0.60
Spice	0.05
Total	100.00

NUTRITIONAL CONTENT

Per 100g	
Calories	380kcal
Total Fat	20g
Saturated Fat	12g
Trans Fat	Og
Cholesterol	140mg
Total Carbohydrates	37g
Dietary Fiber	1g
Sugars	2g
Protein	13g
Calcium	353mg
Magnesium	18mg
Phosphorus	185mg
Potassium	180mg
Sodium	910mg
Iron	3mg
Vitamin A	626IU
Vitamin C	Omg

PREPARATION

- 1. Combine the flour, egg powder, skimmed milk powder, baking powder, and salt in a mixing bowl.
- 2. Stir well with a fork to mix and aerate.
- 3. Add the butter and cut into the flour mixture, using a pastry blender or two knives, or work in, using your fingertips, until the mixture looks like bread crumbs.
- 4. Add the cheeses and spice, mix lightly.
- 5. Add the water, mix only until the dry ingredients are moistened.
- 6. Gather the dough into a ball and press so it holds together. Turn the dough out onto a lightly floured surface. Knead lightly 12 times. Pat the dough into a circle 1.25 cm (0.5") thick.
- 7. Cut the dough into pie-shaped pieces, place 2.5 cm (1") apart on baking sheet.
- 8. Bake at 232°C (450°F) for about 12 minutes or until the tops are browned. Serve hot.

Rely on the dynamic lineup of U.S. dairy to meet consumer demands for global product development. The U.S. Dairy Export Council (USDEC) offers resources on **ThinkUSAdairy.org** including a dairy ingredient supplier search, consumer, nutrition and product research, technical insights and prototype assistance to help develop and launch your next successful product. (Calculation) (

This formula serves as a reference. Product developers are encouraged to modify the formula to meet manufacturing and finished product specification needs. ©2014 U.S. Dairy Export Council.

